

Nethate among minors

- understanding the mechanisms at play





Swedish Media Council – a knowledge center

- Expert agency focused on minors and media.
- Host of Sweden's largest biannual survey on the media use of minors and its effects.
- Dedicated to the No Hate Speech Movement in Sweden since 2013.
- EU's Safer Internet Center in Sweden

Statens medieråd

A man in a light blue shirt and a woman with long brown hair are sitting outdoors, looking at a laptop. The man is pointing at the screen. The background is a blurred outdoor setting with a paved area and greenery.

Noticeable increase

50 %

more 13-16-year-olds
report having been
victims of threats or
meanness on the
Internet

Källa: Ungar och medier 2019,
Statens medieråd

Source: Småungar och medier 2019,
Swedish Media Council



65 %

of parents to
2-4-year-olds consider
that society's protection
of children on the
internet is "rather poor"
or "very poor".

Statens medieråd

Victims on the net

- an international research overview 2021

By Dr Sofia Berne & Prof. Ann Frisén



Statens medieråd

What builds aggression on the Internet?

- Fewer inhibitions
- Anonymity
- Incomplete communication
- Misunderstandings
- Moral disengagement

Several different roles

- Victim
- Active abuser
- Assistant to the abuser
- Amplifier
- Passive witnesses
- Defenders of the victim



70 %

of those who have bullied others in school felt remorse.

58 %

of those who have bullied others on the internet felt remorse.



What can be done?

- All studied intervention programs reduces nethate, more or less
- For success, interventions should be based on minor's own thoughts and perspectives.
- Schools need to develop routines in order to build interventions on the children's own experiences of nethate.



Thank you!

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